



# BACK-TO-SCHOOL!

Get ready for back-to-school shopping. Use the #ditchplasticpackaging checklist to shop more sustainably.

Here are recommendations for plastic and foam-free products:

## ✓ School Lunch

- Cloth lunch bag**  
pack a lunch instead of getting takeout in single-use plastic or styrofoam
- Stainless steel bento lunch box**
- Stainless steel water bottle**  
make sure you label your water bottle to prevent it from being lost or shared by mistake
- Silicone sandwich bags**  
avoid the disposable plastic sandwich bags
- Beeswax wraps**  
instead of single-use snack bags
- Reusable folding fork and spoon**
- Stainless steel ice pack**  
these are more ecofriendly than a plastic ice pack

## ✓ School Supplies & Wardrobe

- Reuse whenever possible**  
if you have leftover supplies from last year, use these first
- Thrift**  
visit thrift stores or hold a clothing swap to find your Fall wardrobe
- Biodegradable bandages**  
if your kids are prone to playground scrapes, these are great to pack for school!
- Pencils made from recycled paper**
- Stainless steel ruler**
- Recyclable notebooks without plastic covers**
- Stainless steel scissor**
- Cloth pencil case**
- Reusable cloth face masks**

